

STARTING

DIGITAL

conversations

AT HOME



START TALKING - Try a 'no topic off limits' conversation for your child's online safety. Use your own social media to start discussions in your home about what a post might mean, how it sounds, whether it's appropriate, kind or nasty.



START LISTENING- Ask your child to teach you what they know - its a great digital conversation opener. Talk about the device, online access (and how big that is) and identify dangers of online access (age appropriate).



START EARLY- Have age appropriate digital conversations from 2 years of age and keep the discussions happening all the way through to adulthood. Explain that as an adult, it is your job to keep controls on the activity and access to the internet- by using apps and safety precautions. Use passwords and security.



TEACH RESPONSIBILITY - Older children can keep younger children safe too! Culture a shared community of responsibility. Encourage your child to set the rules with you. Time limits, no digital use in the bedroom, digital free time and only access to agreed sites and apps.



TEACH YOUR KIDS TO REPORT IT- The viewing of inappropriate content or pornography for children is traumatic and we must take this seriously. We need to prevent children from being exposed to any inappropriate content. If your child ever comes across inappropriate content it's important that they know they can talk to you and other adults, who will listen to their concerns and can report inappropriate content to the [eSafety Commissioner](#)



Valuing Children

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