

A Quest To Kindness

NAME: _____

DATE: _____

Tell us how you have shown kindness this week by circling the boxes below and filling in the blanks.

Gave positive feedback to someone in my class

Invited a new friend to play

Let someone know their shoes laces have come untied

Donated toys I no longer needed or played with

Held the door open for someone

Helped with unpacking the groceries

Stood up for someone being bullied or put down

Asked someone how their day was

Helped with cleaning without being asked

Offered to help a class-mate

Said something nice to someone

Smiled & greeted family, class-mates and friends

Said please & thank you often

"No act of kindness, no matter how small, is ever wasted." - Aesop



It's never too early or too late to start being kind!
Use this sheet as a friendly reminder of ways you can be kind each day!



Valuing Children
- INITIATIVE -