

Values: What is Important to Me?

Your values and beliefs play a big role in who you are. Let's talk about what's important to you!
For each item you can fill or mark the squares on how important they are for you.

Very important 

Less important 

Not important 



Getting good grades



Being good at sport



Being creative



Having lots of money



Being famous or popular



Having nice things



Being clean and tidy



Being careful and safe



Learning new skills



Having fun



Having responsibilities



Helping others



Not giving up



being honest and fair



Being/having a good friend



Being able to do things alone



Access to technology



Caring for the environment

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Now we know all the wonderful things that are important to you, why don't we explore that deeper?

Out of all the values you marked as "Very important", what are the top three that are most important to you?

1 _____

Why? _____

2 _____

Why? _____

3 _____

Why? _____

Of all the values you marked as "Less important" and "Not important", what are the three that are least important to you?

1 _____

Why? _____

2 _____

Why? _____

3 _____

Why? _____

Which values do you think your parents would choose as "Very important" to them?

Which values do you think your friends would choose as "Very important" to them?